



Toyhouse

Working with families since 1979

Sessions in the Toyhouse Centre January - February 2019

See over for sessions in other locations

The Toyhouse Centre
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www.toyhouse.org.uk

| Day | MORNING | AFTERNOON | |
|----------|--|--|--|
| Monday | 10-11.30 Baby Group: Sensory Play & Rhyme Time (babies 0-12months) includes Toy Library | 1.30-2.30 Toddler Play & Rhyme Time For Parents & children up to 2yrs Embroidery group with Shakara 1.30-2.30 Adults only limited to 10 places | 3.30-5pm Movers & Munchers Cooking & Activities for parents & children 4 to 10yrs(+siblings) (Only room for 14 children) |
| Tuesday | COOK, COMMUNITY & CULTURE North East Locality 10-12.30 (6 week course) <i>Courses start Jan & late Feb</i> | 1.30-3.00pm Drop-in Play & Stay with Afia includes Toy Library | |
| Wed | SURE STEPS Volunteer Training (morning) For those joining the Peer Support Project Contact Pip or Julie to find out more | WALKING/BUGGY PUSHING GROUP Contact Julie for info 1.20-2.30 Meet at Toyhouse (weather permitting) Cook 4 Life (Parent & Child together) 1-3 A 4 session cooking & healthy eating course | TOY SALE Date to be confirmed |
| Thursday | MELLOW PARENTING COURSE 10-2.30 A 14 week course for parents & their children | MELLOW PARENTING COURSE 10-2.30 | After School Games Club THURS 3.30 - 5pm Children up to 10yrs and their parents |
| Friday | 10.00-11.30am Drop-in Play & Stay includes Toy Library | Baby Massage Course 4x1hr sessions For babies under 8months January date TBC | Volunteering @ Toyhouse Enquire for more information |

Just drop in to any of these sessions

- JOIN NOW** SURE STEPS Peer Support Volunteer training course available please enquire
- For information on accessing SURE STEPS support or how to volunteer please contact us at Toyhouse
- Some sessions are term time only so will not run during school holidays, look out for notices for holiday sessions
- Most Toyhouse run sessions are for children and their parents/carers to enjoy together
 - Toyhouse runs and supports projects & Toy Libraries across Tower Hamlets, many in partnership with organisations

FOR MORE INFORMATION CALL IN AT THE TOYHOUSE CENTRE

Booking is required for these sessions

TOYHOUSE ALSO RUNS PLAY SESSIONS IN OTHER LOCATIONS

January - February Timetable 2019

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| Day | | | | |
| Monday | 10-12.00 Term time only TOYHOUSE EARLY YEARS ACTIVE PLAY @ MILE END PLAY PAVILLION-Locksley St E14 | 10-12.00 All year ACTIVE PHYSICAL PLAY St Hilda's community centre- Club Row E2 7EY | | |
| Tuesday | 9.30-11 Play & Information session(during Ante Natal) St Paul's Way Medical Centre | | | |
| Wed | 10-12.00 Term time only TOYHOUSE EARLY YEARS ACTIVE PLAY @ MILE END PLAY PAVILLION-Locksley St E14 9.00-11.00 KHELNA Toy Library stay & play Virginia School, Virginia Road E2 7NQ Term time only | 1.00-3.00 All year ACTIVE PHYSICAL PLAY St Hilda's community centre- Club Row E2 7EY | 9.15-11.15 Stay & Play session Alongside the Baby Clinic St Paul's Way Medical Centre 99 St Paul's Way E3 ONS | |
| Thursday | 10-12.00 courses start Jan & Late Feb COMMUNITY, SHARE & COOK Southern Grove Community Centre E3 4FX | | | |
| Friday | 10-12.00 courses start Jan & Late Feb COMMUNITY, SHARE & COOK MILE END PLAY PAVILION | | | |